

Get the facts

It's a good idea to read as much as you can about alcohol. Try and find out about what a standard drink is, how alcohol affects your health, how much alcohol is costing the community, how alcohol-related violence is affecting the community, what young people think about drinking and more. You can find a lot of information on this website! For more information visit the [facts section](#) of the website. Another good place to start is our [Library](#).

