

Set an example

Be aware of how your drinking might influence the young people around you. And avoid giving alcohol to young people under the age of 18 years. Check out this link for information about [supplying alcohol to minors and the law](#). Be a good host! When you're throwing a BBQ or dinner party, or just having a few friends around, don't push drinks on people, or top up their glasses without asking. Some people might actually be trying to cut down on their drinking, or they may have to drive home. Be sure you provide plenty of food and offer some non-alcoholic drinks. Keep these [safe drinking tips](#) in mind when you are planning or attending your next party.

